

CONSTITUTION
OF THE
LOUISIANA HIGH SCHOOL COACHES' ASSOCIATION

ARTICLE 1

1.0 NAME

- 1.1** This association shall be known as the Louisiana High School Coaches' Association (LHSCA)

ARTICLE 2

2.0 CREATION

- 2.1** This association was created with the consent of a representative group of coaches and with the approval of the Louisiana High School Athletic Association.
- 2.2** The LHSCA is a sub-group of the Louisiana High School Athletic Association, and all rules of the LHSAA must be observed by all member coaches.

ARTICLE 3

3.0 OBJECTIVES

- 3.1** The objectives of this association, a voluntary organization, shall be as follows:
- 3.1.1** To promote harmonious relationships between principals and coaches in their respective schools concerning the administration of athletics.
 - 3.1.2** To help maintain the highest possible standards in athletics and the coaching profession.
 - 3.1.3** To secure a better understanding of the problems in athletics.
 - 3.1.4** To endeavor to improve athletics in all phases.
 - 3.1.5** To secure a more beneficial understanding of the various phases of athletics.
 - 3.1.6** To place at the disposal of coaches sources of athletic information.
 - 3.1.7** To work together for the improvement of conditions in Louisiana high school athletics.
 - 3.1.8** To have a representative group of coaches in which problems of general interest may be discussed and to which they may be referred for the friendly interchange of ideas, resulting in better relationship between schools.
 - 3.1.9** To promote good fellowship and to make social contact.

ARTICLE 4

4.0 MEMBERSHIP

4.1 REQUIREMENTS

- 4.1.1 The membership of this association shall consist of any full time athletic director, trainer or any active athletic coach of any sport recognized by the LHSAA.
- 4.1.2 Members must be employed by the school board, and meet the requirements of the Coaches' Rule (as specified in the LHSAA Constitution).
 - 4.1.2.1 **Exception:** This rule shall also apply to all non-faculty coaches who have successfully completed the requirements of the LHSAA Coaches' Education Certification Program.
- 4.1.3 Members must be working with a high school team at a member school of the LHSAA.
- 4.1.4 Members agree to be bound by the Constitution and By-Laws of both the LHSCA and the LHSAA.
- 4.1.5 **EXCEPTION:** An individual that serves as the head coach or an assistant coach in any NCAA, NAIA or NJCAA recognized sport in a Louisiana state university, college, junior college or community college with an athletic program shall be permitted to join the LHSCA on an annual basis as an ex-officio non-voting member.
 - 4.1.5.1 This individual's annual membership dues shall be the same as other LHSAA member school coaches that join the LHSCA.
 - 4.1.5.2 This individual shall be allowed to use his/her LHSCA membership card to attend any LHSAA athletic contest free of charge for the cardholder and one guest.

4.2 PRIVILEGES

- 4.2.1 Upon payment of annual dues, each member is entitled to the following as an active member:
 - 4.2.1.1 An active vote in the policies of the association.
 - 4.2.1.2 A copy of the LHSCA constitution and directory.
 - 4.2.1.3 One Million (\$1M) Dollar Liability Insurance Coverage.
 - 4.2.1.4 A coaches' card certifying membership in the association and providing a pass for the named coach and one for any regularly scheduled or special high school athletic event sponsored by a member school.
 - 4.2.1.4.1 The member must present his/her drivers' license at all state championship events.
 - 4.2.1.5 Nominate candidates for the all-star teams.
 - 4.2.1.6 Considered as candidate to coach in the all-star games.
 - 4.2.1.7 A Coaches' Calendar.
- 4.2.2 Coaches with twenty-five years of high school coaching in state shall be awarded plaques in appreciation for services.

4.2.2.1 Any member who has been a high school coach in Louisiana for 25 years or more may write to the LHSCA and request an application to receive his/her 25 years plaque.

4.2.2.1.1 The application must be submitted to the LHSCA by April 1 of each year to be received at that year's Annual Convention.

4.2.2.2 Coaches receiving a 25 year plaque in the sports of boys' basketball, girls' basketball, boys' track, girls' track, and girls' volleyball shall be presented at the business meeting for that sport during the Coaching Clinic in July.

4.2.2.3 Coaches receiving a 25 year plaque in all other sports shall be presented at the general business meeting during the Coaching Clinic in July.

4.2.3 ~~Once retired from coaching, the coach will be given a lifetime honorary membership in the Coaches' Association upon written request.~~

4.2.3.1 The coach must have a minimum of fifteen years coaching service.

4.2.3.2 The coaches pass entitles him/her to the same benefits and privileges of active members.

4.3 RESTRICTIONS

4.3.1 A coach who belongs to the LHSCA may not be a member of any other coaches' association that is not recognized by or in good standing with the LHSCA.

4.3.2 A member who misuses the membership card shall have the card revoked for one calendar year.

4.3.2.1 A member may request a hearing before the executive council to appeal the revocation of their card.

4.3.2.1.1 Upon appeal the executive council shall have the right to waive or lessen the penalties cited in 4.3.2

4.3.3 ~~Any member losing his/her coaching card shall pay a fee of \$10.00 to the LHSCA to replace the card.~~

4.3.3.1 A written request signed by the school principal must be submitted on school letterhead.

4.3.3.2 A school check in the amount of \$10.00 must accompany the written request.

4.3.3.3 The replacement card will not be issued unless 4.3.3.1 and 4.3.3.2 are met.

4.4 EX-OFFICIO MEMBERS

4.4.1 The Commissioner and the Assistants to the Commissioner of the LHSAA shall be considered bona fide members of this association.

4.4.1.1 All ex-officio members are entitled to all the privileges of an active member.

ARTICLE 5

5.0 DUES

- 5.1 The membership fee shall be \$40 for all members.
- 5.2 Membership fees are to be paid annually.

ARTICLE 6

6.0 FISCAL POLICY

- 6.1 The fiscal year shall be from July 1 through June 30.
- 6.2 Membership runs concurrent with the fiscal year.

ARTICLE 7

7.0 OFFICERS

7.1 ELECTED OFFICIALS

- 7.1.1 Nominations shall be made in open meeting by members from the floor.
- 7.1.2 Election of officers shall be by standing vote.
- 7.1.3 The 1st Vice-President and 2nd Vice-President shall automatically move up each year as President and 1st Vice President.
- 7.1.4 Only the 2nd Vice-President shall be elected each year.
- 7.1.5 The candidate who receives the majority of votes shall be declared elected.
- 7.1.6 The 2nd Vice-President must be from the same section of the state as the President.
 - 7.1.6.1 If the President is from the East, the 2nd Vice-President must come from the East also and vice versa.
 - 7.1.6.2 The 2nd Vice-President is elected from the east on even years and from the west on odd years.
- 7.1.7 The boundary lines for dividing the state into East and West for the election of officers shall be as follows:
 - 7.1.7.1 At the Arkansas line running south on Highway 167 to Highway 71.
 - 7.1.7.2 Following Highway 71 to Highway 190 to the Mississippi River.
 - 7.1.7.3 Proceed down the Mississippi River to the Gulf of Mexico.
 - 7.1.7.4 Schools on the line will be in the East.

7.2 APPOINTED OFFICERS

7.2.1 The Secretary-Treasurer shall be appointed by the Executive Council.

7.2.1.1 This shall be an annually paid position in which the salary is approved by the Executive Council.

7.3. TERM OF OFFICE

7.3.1 The term of office shall be for one year.

7.4. UNEXPIRED TERM

7.4.1 In the event an officer or Executive Council member leaves the high school coaching field in good standing, he/she may continue his/her duties until the end of the next annual clinic.

7.4.2 In the event an officer or Executive Council member cannot fulfill his/her term of office, the President shall appoint a member from the appropriate category to fill the vacancy for the remainder of the term.

ARTICLE 8

8.0 DUTIES OF OFFICERS

8.1 PRESIDENT

8.1.1 Preside at association meetings and all Executive Council Meetings.

8.1.2 Call special meetings of the association and the Executive Council.

8.1.3 Appoint committees annually as needed.

8.1.4 Countersign all LHSCA checks.

8.1.5 Appoint members to fill vacancies on the Executive Council.

8.2 1ST VICE-PRESIDENT

8.2.1 To perform the duties of the president in his/her absence.

8.2.2 To review the financial records of the association annually.

8.3 SECRETARY-TREASURER

8.3.1 Supervise the association's correspondence.

8.3.2 Maintain and print a roster.

8.3.3 Send notices of all meetings.

8.3.4 Attend to all finances of the association in the following manner, upon authorization of the Executive Council:

8.3.4.1 All checks must be fully made out and forwarded to the president for final endorsement. (All checks are to be accompanied by a descriptive memorandum signed by the Secretary-Treasurer.)

8.3.4.2 Collect and record all money.

- 8.3.4.3 Render semi-annual financial statements to the president.
- 8.3.4.4 Secure adequate bond.
- 8.3.4.5 Prior to the coaching school, obtain the services of a licensed auditor, selected by the president, and have a complete audit of all the association's funds.
- 8.3.4.6 Make financial report to the association at the annual meeting and have copies available for all members.
- 8.3.4.7 Disburse and invest the association's money so that no more than \$100,000 is placed in any one bank or financial institution.

8.4 2nd VICE-PRESIDENT

- 8.4.1 To work under the Secretary-Treasurer in any manner prescribed by the Secretary-Treasurer.
- 8.4.2 To assist the 1st Vice-President in reviewing the financial records of the association annually.

ARTICLE 9

9.0 EXECUTIVE COUNCIL

- 9.0.1 The executive council shall serve as the board of directors of the LHSCA.

9.1 AUTOMATIC MEMBERS

- 9.1.1 President-moves up from 1st Vice-President. Serves a one year term from the east on even years and from the west on odd years.
- 9.1.2 1st Vice-President – moves up from 2nd Vice-President. Serves a one year term from the east on odd years and from the west on even years.
- 9.1.3 Immediate Past President – serves a one year term as immediate past president following one year as president from the east on odd years and from the west on even years.
 - 9.1.3.1 Shall become an LHSCA representative to serve a two year term on the Executive Committee of the LHSAA.
 - 9.1.3.2 Shall become the LHSCA representative to serve a one-year term as a non-voting member of the LSWA Executive Committee.
- 9.1.4 Past President – serves a one-year term as past president following one year as immediate past president.
 - 9.1.4.1 Shall be the 2nd LHSCA representative to serve a two year term on the executive committee of the LHSAA.

9.2 ELECTED MEMBERS

- 9.2.1 **2nd Vice-President** – elected at annual meeting from the east on even years and from the west on odd years. Serves a one-year term.
- 9.2.2 **Baseball Coordinator (1)** – elected by the baseball coaches executive committee at the annual business meeting in January, one from the east in odd years and one from the

west in even years to serve the first year as an assistant coordinator and the second year as the coordinator and LHSCA executive council member. This is a two-year staggered alternating term.

9.2.3 Boys Basketball Coordinator (1) – elected by the basketball coaches at the annual business meeting from the east in even years and from the west in odd years to serve the first year as a vice coordinator and the second year as the coordinator and council member. This is a two-year staggered alternating term.

9.2.4 Girls Basketball Coordinator (1) - elected by the basketball coaches at the annual business meeting from the east in odd years and from the west in even years to serve the first year as a vice coordinator and the second year as the coordinator and council member. This is a two-year staggered alternating term.

9.2.5 Football Coordinator (1) – elected by the football coaches at the annual business meeting from the east in even years and from the west in odd years to serve the first year as a vice-coordinator and the second year as the coordinator and council member. This is a two year staggered alternating term.

9.2.6 Soccer Coordinator (1) – elected by the soccer coaches at their annual spring meeting. The current president shall serve in this capacity.

9.2.7 Softball Coordinator (1) – elected annually by the softball coaches at the annual meeting from the east in odd years and from the west in even years to serve a one-year alternating term.

9.2.8 Track Coordinator (1) – elected by the track coaches at the annual business meeting to serve a two-year term.

9.2.9 Volleyball Coordinator (1) – elected annually by the volleyball coaches at the annual meeting from the east in odd years and from the west in even years to serve a one-year alternating term.

9.3 APPOINTED MEMBERS

9.3.1 Secretary-Treasurer – appointed annually by the Executive Council at the annual meeting to serve a one year renewable term.

9.3.2 At-Large Member (1) – appointed by the president at the annual meeting to serve a one-year term.

9.4 RESTRICTIONS

9.4.1 Other than the secretary-treasurer, all members of the LHSCA Executive Council must meet the requirements of the LHSAA Coaches' Rule.

9.4.2 The membership of the Executive Council shall not at any time exceed sixteen members.

9.4.3 The Executive Council shall meet at least once a year or more frequently upon the call of the president.

9.4.4 A quorum shall consist of at least five members voting.

9.5 POWERS

9.5.1 The Executive Council shall have complete control and management of the association's affairs, funds, and property.

- 9.5.2** During the interim of the annual general business meeting of the LHSCA, the Executive Council, with a quorum, shall be empowered to pass all rules and Constitutional provisions.
- 9.5.3** The Executive Council shall make all appointments necessary and proper for conducting official business for the association.

9.6 EXPENSES

9.6.1 All members of the Executive Council will receive ~~forty-eight and one half~~ cents per mile and twenty-five dollars expenses per day unless board and lodging are provided.

9.6.2 The LHSCA past president shall have the privilege of attending the annual meeting of the National Federation of State High School Associations held each summer.

9.6.2.1 His/Her expenses shall be paid by the LHSCA and will include:

9.6.2.1.1 ~~Forty-eight and one half~~ cents per mile round trip mileage from home to airport of departure.

9.6.2.1.2 Round trip coach air fare.

9.6.2.1.3 Single occupancy lodging rate.

9.6.2.1.4 Up to fifty dollars per day for meals.

9.6.2.2 The LHSCA shall pay for the expenses incurred while serving on the LHSAA Executive Committee during the first year of the past president's term.

9.6.3. The LHSCA president and one executive council appointed football coach shall have the privilege of attending the National Federation Football Rules Meeting each year in January.

9.6.3.1 Their expenses shall be paid by the LHSCA and will include:

9.6.3.1.1 Round trip coach air fare.

9.6.3.1.2 ~~Forty-eight and one half~~ cents per mile round trip mileage home to airport of departure.

9.6.3.1.3 Single occupancy lodging rate.

9.6.3.1.4 The actual cost of meals, tips, and parking (not to exceed fifty dollars per day.)

9.6.4 All claimed expenses must be submitted to the secretary-treasurer on an approved LHSCA expense form and all receipts attached.

9.6.5 Executive Council officers and football, basketball, volleyball and softball coordinators will be reimbursed the following amounts when attending state championship events:

Lodging: Need receipt, up to headquarter hotel rate for 1-3 nights maximum, 2 nights must be finals

Meals: Up to \$40 per day

Incidentals: Up to \$15 per day

Mileage: Round trip at ~~48.5~~ cents per mile

9.6.6 The per mile fee shall be that of the IRS approved fee for the period beginning July 1 of each year.

9.7 HALL OF FAME COMMITTEE

9.7.1 The past president, president, and 1st vice-president shall serve on the LHSAA/LHSCA Hall of Fame Selection Committee.

9.7.1.1 In the event one of the officers in 9.7.1 cannot serve, the president shall select a replacement from the active and retired coaches available to serve.

ARTICLE 10

10.0 BUSINESS MEETING OF THE ASSOCIATION

10.1 ANNUAL MEETING

10.1.1 The annual meeting of the LHSCA shall be held each summer during the annual coaching school.

10.1.2 A quorum shall consist of the active members present, due notice having been given.

10.1.3 The usual order of business shall be as follows:

10.1.3.1 Call to order by president.

10.1.3.2 Reading of the minutes and disposal of any unapproved minutes.

10.1.3.3 Unfinished business.

10.1.3.4 Report of officers.

10.1.3.5 Report of committees.

10.1.3.6 New business.

10.1.3.7 Elections.

10.1.3.8 Adjournment.

10.2 AMENDMENTS

10.2.1 The Constitution may be amended at the annual meeting.

10.2.2 A two-third vote is required of those voting members.

10.2.3 Only amendments or changes submitted in writing to the Secretary-Treasurer at least thirty days before the annual coaching school will be considered.

ARTICLE 11

11.0 ADMINISTRATION

11.1 SECRETARY-TREASURER

11.1.1 The Executive Council shall employ a secretary-treasurer with an administrative back-ground and an interest in, and knowledge of, high school athletics and coaching.

11.1.2 The secretary-treasurer shall perform the duties as outlined in section 8.3.

11.2 ADMINISTRATIVE STAFF

11.2.1 The Executive Council shall employ the assistants to the commissioner of the LHSAA who shall be responsible to the secretary-treasurer and perform duties delegated by him/her.

11.2.1.1 The assistants to the secretary-treasurer shall be employed on an annual basis.

11.2.2 The executive council shall employ LHSAA personnel to assist in the everyday duties of operating the association.

11.2.2.1 The staff shall perform the duties assigned by the secretary-treasurer.

11.2.2.2 The staff shall be employed on an annual basis.

11.3 SALARIES

11.3.1 The secretary-treasurer and the other administrative staff and personnel shall be paid an annual salary as approved by the executive council.

ARTICLE 12

12.0 SCHOLARSHIP PROGRAM

12.1 Each year, the LHSCA shall award four \$1,000 scholarships to qualified and deserving high school graduates with the intent to assist the graduate in furthering his/her education at the college or university level.

12.2 ELIGIBILITY

12.2.1 All applicants must be the son, daughter, or legally adopted child of a member of the LHSCA.

12.2.1.1 The said member must have belonged to the LHSCA for the five year period immediately prior to the submission of the application.

12.2.1.2 Children of deceased members are eligible to apply if the said member belonged to the LHSCA five years prior to death.

12.2.2 Applicants must be a graduate of an accredited high school.

12.2.3 Each applicant must show ample evidence he/she is capable of succeeding at the college or university level through his/her transcript, GPA, rank in class, ACT and/or SAT scores.

12.2.4 The recipient must attend a college or university in Louisiana.

12.3 RESTRICTIONS

12.3.1 Evidence must be submitted to the secretary-treasurer of the LHSCA that the applicant has been accepted into an accredited institute of higher education.

12.3.1.1 This evidence must be certified by the school registrar.

12.3.1.2 Upon receipt of this certification by the secretary-treasurer of the LHSCA, the scholarship money will be deposited with the institution selected.

12.3.1.3 The scholarship money may be used for purposes including fees, room and board, books, tuition, or any other educational needs.

12.3.2 There shall be no discrimination as to sex, race, creed, or nationality.

12.3.3 This scholarship, in addition to other grants of financial aid such as scholarships, loans, grants, or work study cannot exceed the total cost of the educational expenses listed above.

12.3.4 Any individual will be limited to one \$1000 scholarship from the LHSCA.

12.4 APPLICATION

12.4.1 Applications must be submitted to the secretary-treasurer of the LHSCA between December 1 and May 1 of each year.

12.4.2 Final selection will be made by the selection committee during the month of June.

12.4.3 The recipients will be announced at the annual coaches' school general business meeting.

ARTICLE 13

13.0 ALL-STARS

13.1 EAST-WEST BOUNDARIES

13.1.1 The boundary lines for dividing the state into East and West for selecting all-star teams for baseball, boys' and girls' basketball, and softball shall be:

13.1.1.1 Begin at the Arkansas line running south on Highway 167 to Highway 71.

13.1.1.2 Follow Highway 71 to Highway 190 to the Mississippi River.

13.1.1.3 Proceed down the Mississippi River to the Gulf of Mexico.

13.1.1.4 Schools on the line will be in the East.

13.1.2 The boundary lines for dividing the state into East and West for selecting volleyball all-star teams shall be:

13.1.2.1 Begin at I-55 South to I-10 until exit 194 – Highway 641 – Gramercy exit south to Airline Highway, U.S. Hwy. 61.

13.1.2.2 Go southeast to I-310 and proceed south to Boutte.

13.1.2.3 From I-310 take U.S. 90 Southwest to Raceland to Highway 308, take Highway 308 south to Golden Meadow where you must cross over to Highway 1.

13.1.2.4 Take Highway 1 south to Grand Isle to the Gulf. Any school falling on the line will play on the west team.

13.2 PLAYER NOMINATIONS

13.2.1 The secretary-treasurer shall mail to each school nomination forms for all-star teams.

13.2.2 Candidates may be nominated by their coach, another member coach, or any member of the all-star selection committee.

13.2.3 Nomination forms should be filled out giving all requested information, signed by the

coach making the nomination, and accompanied by a current physical exam form.

13.2.4 All nominees must be graduating seniors for the year nominated.

13.2.5 If one class of schools does not nominate any players for an all-star contest, players shall be selected from the next classification either above or below the classification that did not submit nominations.

13.3 PARTICIPATION AGREEMENT

13.3.1 Players selected to participate in an LHSCA all-star game must sign a participation agreement.

13.3.2 This agreement shall also be signed by the parents and/or guardians, principal of the LHSAA member school the player represents, and the head coach of the sport in which the player is to participate as an all-star.

13.3.3 This agreement may become null and void by anyone of the parties (*LHSCA Executive Council, player, parent/guardian, principal or coach*) upon written notice to the LHSCA president and the secretary-treasurer.

13.4 LIMITATIONS

13.4.1 In order to participate in a LHSCA all-star contest, the participant shall have exhausted the number of semesters available to him/her to participate in the LHSAA and shall have earned the Carnegie units of credit required for graduation from the LHSAA school as established by the Louisiana State Department of Education.

13.4.1.1 If the all-star contest is played before the participant's graduation is held, it must be projected and anticipated that the student will graduate with his/her class on time.

13.4.2 A coach may nominate as many players as he/she deems worthy to participate in the all-star games.

13.4.2.1 No school shall have more than three players named to one of the all-star teams.

13.4.2.2 **Exception:** When all nominees and alternates have been exhausted, Rule 13.4.2.1 shall not apply.

13.5 SUBSTITUTIONS

13.5.1 Players who do not accept to participate in an all-star event will be replaced by his/her assigned alternate.

13.5.1.1 When all alternates in one classification are exhausted, the coordinators will then draw from another classification the position needed to complete the squad.

13.5.2 Coaches who do not accept to coach in an all-star event, will be replaced by his/her alternate or another coach selected by the executive council.

13.5.2.1 In the event an all-star coach leaves the high school coaching field in good standing, he/she may continue his/her duties until the end of the next annual clinic.

13.6 ALL-STAR SELECTION COMMITTEE

13.6.1 All selection committees shall be composed of one member coach from each division/

classification from the east and from the west.

13.6.1.1 Exception: In football, the coaches selected to coach the all-star game shall serve on the football all-star selection committee.

13.6.2 The executive council shall select the committee members assuring that all areas of the state are represented.

13.6.3 The executive council shall announce the various committees at its general business meeting of the LHSCA during the annual coaches' school.

13.6.4 The coaches selected to coach an all-star team shall also serve on that team's selection committee.

13.6.5 Committee members shall be notified by the secretary-treasurer, in writing, of meeting dates.

13.6.6 Committee members shall be partially re-imbursed for their travelling expenses as determined by the executive council.

13.6.7 If a coach has been selected to serve on one of the all-star selection committees and he/she does not complete the sport season in that sport, he/she shall not be allowed to serve on the selection committee to which he/she has been selected.

13.7 BASEBALL GAME

13.7.1 The all-star baseball game shall be sponsored by the Louisiana Baseball Coaches Association and will be played on the Friday and Saturday of the forty-seventh week of the National Federation Calendar.

13.7.1.1 In the event of a rainout Saturday, the game shall be rescheduled for the Sunday of the forty-eighth week.

13.7.2 COACHING COMPOSITION

13.7.2.1 The baseball coordinators shall select a head coach and two assistant coaches for the east and the west teams.

13.7.2.2 Each of the coaches must be a coach from a school that is located within the respective boundaries.

13.7.2.3 However, if all of the coaches in either or both sections are not available to serve as a coach for any reason, the committee shall have the authority to use its discretion in filling this position(s).

13.7.3 SQUAD COMPOSITION

13.7.3.1 Each twenty-five member squad shall consist of seven pitchers, two catchers, two first baseman, two second baseman, two third baseman, two shortstops, six outfielders, and two designated hitters.

13.7.3.2 Each team must have (1) player from each classification. The other eighteen (18) players will be at-large selections from any class.

13.7.3.3 Players who cannot attend Friday night's game because of graduation will be allowed to play in the Saturday game.

13.7.4 GAME RULES

13.7.4.1 The game shall be played using the current years National Federation Baseball Rules.

13.7.4.2 The following plan shall be used:

13.7.4.2.1 The games shall consist of two (2) nine-inning games each.

13.7.4.2.2 If the home team is ahead in the bottom of the ninth inning, it shall be allowed to bat if its head coach so elects.

13.7.4.3 Each position player will be guaranteed nine (9) innings of play. Each nine innings will be broken down in the following manner:

13.7.4.3.1 Starters on Friday (*excluding pitchers*) will play the first five (5) innings, while the next four (4) innings will be played by the remaining members.

13.7.4.3.2 Those who did not start Friday's game will start Saturday's game and will play the first five (5) innings, while the next four (4) innings will be played by the remaining members.

13.7.4.3.3 No pitcher shall be allowed to pitch more than three innings.

13.7.4.3.4 A courtesy runner (*a player not in the lineup at the time*) must be used if the catcher is on base with two outs.

13.7.4.3.5 The head coach of each team shall be allowed to designate his starting lineup.

13.7.4.3.6 The West team will serve as the home team for the Friday night game, while the East team will serve as the Home team for the Saturday game.

13.8 BOYS' BASKETBALL GAME

13.8.1 The boys' all-star game shall be played on the Saturday of the thirty-seventh week of the National Federation calendar.

13.8.2 COACHING COMPOSITION

13.8.2.1 The basketball coordinators shall select a head coach and a assistant coach for the east and the west teams.

13.8.2.2 Each of the coaches must be a coach from a school that is located within the respective boundaries.

13.8.2.3 If all of the coaches in either or both sections are not available to serve as a coach for any reason, the committee shall have the authority to use its discretion in filling this position(s).

13.8.3 SQUAD COMPOSITION

13.8.3.1 Each fifteen member squad shall consist of one player from each of the classifications.

13.8.3.2 The remaining eight players shall be at-large selections from any class.

13.8.3.3 The thirty players selected to play in the game will be selected through a lottery to be placed on either the East or West team.

13.8.3.3.1 The four coaches of the East and West teams shall meet and conduct the lottery. The West will have first pick in even years and the East will have first pick in odd year.

13.8.4 GAME RULES

13.8.4.1 The game shall be played using the current years National Federation Basketball Rules.

13.8.4.2 The following plan shall be used:

13.8.4.2.1 The game shall be played in two, twenty minute halves.

13.8.4.2.2 Each team shall be allowed three (3) full time-outs and two (2) .20 second time-outs per game.

13.8.4.2.3 The starting five players shall play the first five minutes of each half, the second five players shall play the next five minutes, and the final five players shall play the next five minutes.

13.8.4.2.4 After the first fifteen minutes of each half, free substitution may be used for the remainder of the half.

13.8.4.2.5 Both teams shall play man-to-man defense throughout the game.

13.9 GIRLS' BASKETBALL GAME

13.9.1 The girls' basketball all-star game shall be played on the Saturday of the thirty-seventh week of the National Federation Calendar.

13.9.2 COACHING COMPOSITION

13.9.2.1 The basketball coordinators shall select a head coach and an assistant coach for the east and the west teams.

13.9.2.2 Each of the coaches must be a coach from a school that is located within the respective boundaries.

13.9.2.3 If all of the coaches in either or both sections are not available to serve as a coach for any reason, the committee shall have the authority to use its discretion in filling this position(s).

13.9.3 SQUAD COMPOSITION

13.9.3.1 Each fifteen member squad shall consist of one player from each classification.

13.9.3.2 The remaining eight players shall be at-large selections from any class.

13.9.3.3 The 30 players selected to play in the game will be selected through a lottery to be placed on either the East or West team.

13.9.3.3.1 The four coaches of the East and West teams shall meet and conduct the lottery. The West will have first pick in even years and the East will have first pick in odd year.

13.9.4 GAME RULES

13.9.4.1 The game shall be played using the current years National Federation Basketball Rules.

13.9.4.2 The following plan shall be used:

13.9.4.2.1 The game shall be played in two, twenty minute halves.

13.9.4.2.2 Each team shall be allowed three (3) full time-outs and two (2) .20 second time-outs per game.

- 13.9.4.2.3** The starting five players shall play the first five minutes of each half, the second five players shall play the next five minutes, and the final five players will play the next five minutes.
- 13.9.4.2.4** After the first fifteen minutes of each half, free substitution may be used for the remainder of the half.
- 13.9.4.2.5** Both teams shall play man-to-man defense throughout the game.

13.10 FOOTBALL GAME

- 13.10.1** The all-star football game shall be sponsored by the Louisiana Football Coaches Association and will be played on the Saturday of the forty-ninth week of the National Federation Calendar.

13.10.1.1 The football all-star game shall be played in conjunction with the Houston Coaches' Association Bayou Bowl 2008 in Texas.

13.10.2 COACHING COMPOSITION

- 13.10.2.1** The head coach shall come from the previous years all-star coaching staff and shall be selected by the Louisiana Football Coaches' Association.
- 13.10.2.2** Nine assistant coaches shall be selected from various areas of the state, when at all possible, and shall be selected by the Louisiana Football Coaches Association.
- 13.10.2.3** Four coaches from the previous years all-star coaching staff shall be retained to serve a second year on the coaching staff to be selected by the Louisiana Football Coaches' Association.
- 13.10.2.4** Coaches interested in coaching in the all-star football game shall submit a written request to the LHSCA by November 1st of each year.
 - 13.10.2.4.1** The request form to coach in the football all-star game may be found on the LHSCA website.

13.10.3 SQUAD COMPOSITION

- 13.10.3.1** Each 40 member squad shall consist of one player from each of the football classes.
- 13.10.3.2** The remaining 35 players shall be at-large selections from any class.
- 13.10.3.3** Each squad must list an alternate selected for each of the 40 players.

13.10.4 GAME RULES

- 13.10.4.1** The game shall be played using the rules adopted by the Bayou Bowl 2008.

13.11 SOFTBALL GAME

- 13.11.1** The all-star softball game shall be sponsored by the Louisiana Softball Coaches' Association and will be played on the Saturday of the 45th week of the National Federation Calendar.

13.11.2 COACHING COMPOSITION

- 13.11.2.1** The softball coordinators shall select a head coach and an assistant coach for the east and the west teams.
- 13.11.2.2** Each of the coaches must be a coach from a school that is located within the respective boundaries.
- 13.11.2.3** If all of the coaches in either or both sections are not available to serve as a coach for any reason, the committee shall have the authority to use its discretion in filling this position(s).

13.11.3 SQUAD COMPOSITION

- 13.11.3.1** Each eighteen member squad shall consist of two pitchers, two catchers, one first baseman, one second baseman, one third baseman, one shortstop, one utility infielder, three outfielders, one utility outfielder, and five utility players.
- 13.11.3.2** Each team must have one (1) player from each class. The other eleven (11) players will be at-large selections from any class.

13.11.4 GAME RULES

- 13.11.4.1** The game shall be played using the current years National Federation Softball Rules.
- 13.11.4.2** The following plan shall be used:
 - 13.11.4.2.1** The game shall be a doubleheader consisting of seven innings each.
 - 13.11.4.2.2** If the home team is ahead in the bottom of the seventh inning, it shall be allowed to bat if its head coach so elects.
 - 13.11.4.2.3** All players must play at least two complete innings.
 - 13.11.4.2.4** Players designated as starters must play at least three innings except the pitcher.
 - 13.11.4.2.5** No pitcher shall be allowed to pitch more than seven innings.
 - 13.11.4.2.6** A courtesy runner (a player not in the lineup at the time) must be used if the catcher is on base with two outs.
 - 13.11.4.2.7** The head coach of each team shall be allowed to designate his/her starting pitcher and catcher.
 - 13.11.4.2.8** Prior to the first game, the home team shall be decided by a coin flip.
 - 13.11.4.2.9** The team that is the visiting team for the first game shall be the home team for the second game.

13.12 VOLLEYBALL GAME

- 13.12.1** The all-star volleyball game shall be played on the Saturday of the twentieth week of the National Federation Calendar.

13.12.2 COACHING COMPOSITION

- 13.12.2.1** The volleyball coordinators shall select a head coach and an assistant coach for the east and the west teams.
- 13.12.2.2** Each of the coaches must be a coach from a school that is located within the respective boundaries
- 13.12.2.3** If all of the coaches in either or both sections are not available to serve as a coach for any reason, the committee shall have the authority to use its discretion in filling this position(s).

13.12.3 SQUAD COMPOSITION

- 13.12.3.1** Each thirteen member squad shall consist of one (1) player from each division.
- 13.12.3.2** The remaining eight (8) players shall be at-large selections from any division.
- 13.12.3.3** The twenty-six players selected to play in the game shall be selected through a lottery to be placed on either the East or West team.
 - 13.12.3.3.1** The four coaches of the East and West teams shall meet and conduct the lottery. The West will have first pick in even years and the East will have first pick in odd year.

13.12.4 GAME RULES

- 13.12.4.1** The game shall be played using the current years National Federation Volleyball Rules.
- 13.12.4.2** The following plan shall be used:
 - 13.12.4.2.1** The match shall be a best of five games.
 - 13.12.4.2.2** The starting six players and the libero, if used, shall play the entire first game.
 - 13.12.4.2.3** The second game shall be played entirely by the next six players and the libero, if used.
 - 13.12.4.2.4** After the completion of the first two games, free substitution may be used.
 - 13.12.4.2.4.1** The libero position may be implemented throughout the entire match.
 - 13.12.4.2.5** The National Federation Rally Scoring Rules shall be used.

ARTICLE 14

14.0 COACHING CLINIC

- 14.1** The annual LHSCA coaching clinic shall be held during the third week of the National Federation Calendar.

- 14.2** The site of the coaching clinic shall be determined by a vote of the LHSCA Executive Council. This shall be done at the annual meeting in January prior to expiration of the present contract in July.
- 14.2.1** All facilities to be used during the coaching clinic must be approved by the executive council one year in advance of the coaching school.
- 14.3 The registration fees for the coaching clinic shall be:**
- 14.3.1** \$40.00 for Louisiana coaches and residents.
- 14.3.2** \$50.00 for out-of-state coaches and residents.
- 14.4** Guest lecturers for the coaching clinic shall be determined by nominations made from the floor during the various sports business meetings.
- 14.5 The coaching clinic hosts shall provide the following:**
- 14.5.1** Comfortable air-conditioned auditorium to seat approximately 750 people.
- 14.5.2** Five air-conditioned lecture rooms in close proximity to the auditorium.
- 14.5.3** Large area for registration.
- 14.5.4** A room to serve as headquarters and meeting room for the executive council.
- 14.5.5** Courtesies which hosts may wish to extend to coaches and wives with the approval of the executive council.
- 14.5.6** Exhibit Area.

ARTICLE 15

15.0 AWARDS PROGRAMS

- 15.1 LHSCA Distinguished Service Awards**
- 15.1.1** Each year the LHSCA shall honor individuals selected by a sub committee of the executive council.
- 15.1.2** The sub committee shall meet in January at the LHSCA winter meeting to select the recipient(s).
- 15.1.3** These individuals must have displayed dedicated service to the LHSCA.
- 15.1.4** The awards shall be presented in July at the general business meeting during the coaching school.